

# CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: STD

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Soret Alain

Coaches: Lenaif Nancy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:9, starttime: 08:56

Heat: 9/16 Lane : 5 Athlete: POSSEN OLIVIA Q-time: 02:37:64

PB (50m pool): 02:37.64 Seraing 26/01/2025 PB (25m pool): 02:34.46 SB: 02:38.08 Charleroi 24/05/2026

|    | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |  |
|----|-----------|-----------|-----------|-----------|--|
| PB | 00:36.21  | 01:16.08  | 02:03.49  | 02:37.64  |  |
|    | 00:36.21  | 00:39.87  | 00:47.41  | 00:34.15  |  |
|    | . . . . . | . . . . . | . . . . . | . . . . . |  |

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+ Heat:9, starttime: 10:19

Heat: 9/13 Lane : 7 Athlete: STRUYS GABRIEL Q-time: 01:03:75

PB (50m pool): 01:03.75 Antwerpen 27/07/2025 PB (25m pool): 01:02.33 SB: 01:03.84 Seraing 25/01/2026

|    | 5 0 M     | 1 0 0 M   |  |
|----|-----------|-----------|--|
| PB | 00:30.74  | 01:03.75  |  |
|    | 00:30.74  | 00:33.01  |  |
|    | . . . . . | . . . . . |  |

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+ Heat:8, starttime: 10:55

Heat: 8/11 Lane : 4 Athlete: POSSEN OLIVIA Q-time: 02:30:96

PB (50m pool): 02:30.96 Charleroi 15/02/2026 PB (25m pool): 02:28.55 SB: 02:30.96 Charleroi 15/02/2026

|    | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |  |
|----|-----------|-----------|-----------|-----------|--|
| PB | 00:35.77  | 01:13.26  | 01:52.63  | 02:30.96  |  |
|    | 00:35.77  | 00:37.49  | 00:39.37  | 00:38.33  |  |
|    | . . . . . | . . . . . | . . . . . | . . . . . |  |

Coach feedback: